

| Nr. | Produkt | Menge pro Ernteanteil | Jan 2018 | Feb | März | April | Mai | Juni | Juli | Aug |
|-----|---------------------|--------------------------|-------------|-----|------|-------|-----|------|------|-----|
| 1. | Äpfel | 500 g | | | | | | | | |
| 2. | Aubergine | 1 Stk | | | | | | | | 1 |
| 3. | Birnen | 500 g | | | | | | | | 2 |
| 4. | Blattsellerie | 100 g | | | | | | 2 | 2 | 2 |
| 5. | Blumenkohl | 1 Rose | | | | | | | | |
| 6. | Bohnen | 500 g | | | | | | | 2 | 2 |
| 7. | Broccoli | 1 Rose | | | | | | 2 | 2 | 2 |
| 8. | Chicorée | 2 Stk | | 2 | | | | | | |
| 9. | Chinakohl | 1 Kohl | | | | | | | 1 | 1 |
| 10. | Eier | 4 Stk | | | 4 | 4 | 4 | 4 | 4 | 4 |
| 11. | Erdbeeren | 500 g | | | | | | 2 | 2 | |
| 12. | Feldsalat | 100 g | 4 | 4 | 4 | | | | | |
| 13. | Fenchel | 1 Knolle | | | | | | | | |
| 14. | Flower Sprout | 500 g | | | | | | | | |
| 15. | Grünkohl | 1 kg | | | | | | | | |
| 16. | Gurken | 1 Stk | | | | | | | 2 | 2 |
| 17. | Himbeere | 100 g | | | | | | | | 1 |
| 18. | Johannesbeere | 200 g | | | | | | | 1 | |
| 19. | Kapuzinerkresse | 40 g | | | | | | | 2 | 2 |
| 20. | Kartoffeln | 1 kg | 4 | 4 | 4 | 4 | | | | 4 |
| 21. | Kirschen | 500 g | | | | | | 1 | 1 | |
| 22. | Knoblauch | 250 g | | | | | | | | 1 |
| 23. | Kohlrabi | 1 Stk | | | | | 2 | 2 | 2 | 2 |
| 24. | Kohlrübe | 1 Stk | | | | | | | | |
| 25. | Kürbis | 1 Stk | 1 | 1 | 1 | | | | | 2 |
| 26. | Lauchzwiebeln | 1 Bund | | | | | | 1 | 1 | 1 |
| 27. | Mangold Bunt | 300 g | | | | | | | 2 | 2 |
| 28. | Mizuma | Kopf | | | | | | | | |
| 29. | Möhren | 500 g | 2 | 2 | 2 | | | | | |
| 30. | Paprika | 500 g | | | | | | | 2 | 2 |
| 31. | Pflaumen | 500 g | | | | | | | | 2 |
| 32. | Porree | 400 g | | | | 1 | | | 1 | 1 |
| 33. | Radieschen | 1 Bund | | | | 2 | 2 | 2 | 2 | 2 |
| 34. | Rettich | 3 Stk | 1 | 1 | 1 | 1 | 1 | | | |
| 35. | Rhabarber | 300 g | | | | 1 | 1 | 1 | | |
| 36. | Rondini | 2 Stk | | | | | | | | 1 |
| 37. | Rosenkohl | 500 g | | | | | | | | |
| 38. | Rote Bete | ca. 300 g | 1 | 1 | 1 | | | | | |
| 39. | Rotkohl | 1 Kopf | 1 | 1 | 1 | | | | | |
| 40. | Rucola / Salatrauke | 40 g | | | | | 2 | 2 | 2 | 2 |
| 41. | Salat verschiedene | 1 Kopf | | | 2 | 2 | 2 | 2 | | |
| 42. | Schwarzwurzel | 500 g | | | | | | | | |
| 43. | Sellerie | 1 Knolle | 1 | 1 | | | | | | |
| 44. | Spinat | 500 g | | | 1 | 1 | | | | |
| 45. | Filder | 1 Kopf | | | | | | | | |
| 46. | Tomaten | 500 g | | | | | | | | 4 |
| 47. | Walnuss | 300 g | | | | | | | | |
| 48. | Weißkohl | 1 Kopf | 1 | 1 | 1 | | | | | |
| 49. | Wirsingkohl | 1 Kopf | | | | | | | | |
| 50. | Zucchini / Patison | 1 Stk | | | | | | | 2 | 2 |
| 51. | Zwiebeln | 500 g | 2 | 2 | 2 | | | | 2 | 2 |

| Sep | Okt | Nov | Dez |
|-----|-----|-----|-----|
| | | | |
| 4 | 4 | 4 | 4 |
| 1 | 1 | | |
| 4 | 4 | 4 | 4 |
| 2 | 2 | | |
| | | | |
| 1 | 1 | | |
| | | | |
| | | | |
| 4 | 4 | 4 | 4 |
| | | | |
| | | 1 | 3 |
| 2 | 2 | 2 | |
| | | | |
| | | | 1 |
| 1 | 1 | | |
| | 1 | | |
| | | | |
| | | | |
| 4 | 4 | 4 | 4 |
| | | | |
| | | 1 | 1 |
| 2 | 2 | | |
| | | | |
| 2 | 2 | 1 | 1 |
| 1 | 1 | 1 | 1 |
| 2 | 2 | | |
| | | 1 | 1 |
| 2 | 2 | 2 | 2 |
| | | | |
| 3 | | | |
| | 1 | 1 | 1 |
| | | 1 | |
| | | | 2 |
| | | | |
| 1 | 1 | | |
| | | 1 | 1 |
| | 2 | 2 | 2 |
| | | 1 | 1 |
| 2 | 2 | 2 | |
| 2 | 2 | 2 | |
| | | 1 | 1 |
| | | 1 | 1 |
| | | 1 | 1 |
| | | 1 | 2 |
| 4 | 4 | | |
| | | | 1 |
| | | 1 | 1 |
| | | 1 | 1 |
| 2 | 2 | 1 | 1 |
| 2 | 2 | 2 | 2 |

| | | | |
|-----|-----|-----|-----|
| | | | |
| | | | |
| | | | |
| | 2 | 2 | 2 |
| | 2 | 2 | 2 |
| | 2 | 2 | 2 |
| | 2 | 2 | 2 |
| | 2 | 2 | 2 |
| | 2 | 2 | 2 |
| | | | |
| | | | |
| | | | |
| 1 | | | |
| 2 | 2 | 2 | |
| | | | |
| | | | |
| 1 | 1 | | |
| 1 | 1 | | |
| 1 | 1 | | |
| | 1 | | |
| 1 | 1 | | |
| | | | |
| | | | |
| Sep | Okt | Nov | Dez |
| | | | |
| | | | |

